

Mind power and mental ability training programmes for arts and sports participants



Internationally Recognized Programs by Mr. Justin Thomas

An Expert in Soft-skills Training



For further details:-

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# ISSTAC™

UAN No. KL07D0001242

Institute for Soft Skills Training and Counselling

(An undertaking of Almeda Trust, Reg. No.80/IV/2015)



Career Enhancement And Finishing School program (FACE School) Training & Life Coaching Sessions for College Teachers



Experience the joy of being guided and facilitated!

Thousands certify that life transforming programs...

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## Coach and trainer



Justin Thomas

### Need based teachers training sessions



JUSTIN THOMAS

**International Trainer, NLP Master Practitioner, Advanced Life Coach, Counsellor, and Certified Hypnotist.**

- A passionate HR trainer with post graduate Degrees in Economics and Sociology from University of Mumbai and M.A. Psychology from IGNOU.
- He also holds Post Graduate Diploma in Foreign Trade and Post Graduate Diploma in Counselling. He is pursuing M.Phil. in Medical & Psychiatric Social work from MLCU Shillog.
- Work experience with World Trade Centre, Agakhan Education Services and Tata Institute of Social Sciences; Mumbai.
- Certified trainer of nationally and internationally recognized organizations (JCI, MINDS, KILA etc.).
- Conducted more than 2200 training and counselling sessions in different languages.
- Authored a book 'Mathapithakkalum Adhyapakarum Poonthottakkar', a book on parenting and teaching.

**Visit: [www.isstac.com](http://www.isstac.com), [www.nlpkerala.co.in](http://www.nlpkerala.co.in)**

### Categories of the participants (Students)

- Final year degree / PG students from professional and other colleges.

### Objectives of the program (Students)

- To support students to become more skilled before their interviews.
- To guide them in aptitude and reasoning tests.
- To equip them to appear for interviews and group discussions.
- To support students to create suitable covering letter, CV, Resume, and Bio-data.
- To enhance students' knowledge on written communication and office communication.
- To improve the confidence level of the students through outbound training sessions.

### Categories of the program (Students)

- Golden grade program (One day program)
  - General motivation, Interview skills, GD, CV, Resume, and Bio-data preparation.
- Diamond level program (Three day program)
  - General motivation, Interview skills, GD, CV, Resume, and Bio-data preparation, reasoning and aptitude sessions, outbound training and MIND POWER training.

### Nature of the program

Fully interactive, goal oriented, and psychology based.

### Tools used

NLP, TA, TCI, handouts, audio-visual aides and other training tools.

### Number of participants

50 to 70 participants per batch.

### Recent Clients

- Marian College, Kuttikanam
- VISAT, Piravom
- KITS, Ponkunnam, Kottayam
- Sahrdaya Arts College, Chunkam, Thrichur
- St. Mary's College, Thurithipili, Perupavoor
- St. Georges' College, Aruvithura
- Maharajas College, Ernakulam
- St. Dominic's College, Kanjirapalli
- KE College, Mannanam
- Christujoythi, Changanacheri
- Alphonsa College Pala

### Associate Trainers



Brijesh George John



Sunil M.



P. Devaraj



Jincy Justin  
Mob: 09961860580

All Kerala  
Marketing Head  
& ISSTAC Trainer

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